

~Homemade Salads~

Fresh Fruit Salads	\$4.99 per lb.
Bowtie, Basil, Tomato	\$5.99 per lb.
Roasted Pepper, Chicken, Mozzarella, Pasta	\$5.99 per lb.
Pasta with Sundried Tomato, Provolone & Mozzarella	\$5.99 per lb.
Tortellini Salad	\$6.99 per lb.
Pasta Antipasto	\$5.99 per lb.
Classic Potato	\$3.99 per lb.
Classic Macaroni	\$3.99 per lb.
Red Potato Salad	\$3.99 per lb.
Oriental Chicken	\$5.99 per lb.
Fresh Mozzarella with Cherry Tomatoes	\$8.99 per lb.
Tomato & Cucumber Salad	\$5.99 per lb.
Three Bean Salad	\$5.99 per lb.
Artichoke Heart Salad	\$7.99 per lb.
Marinated Mushroom Salad.	\$7.99 per lb.
Antipasto Salad with Imported Meats & Cheeses	\$6.99 per lb.
Chicken Breast Salad	\$7.99 per lb.

~Soup of the Day~

Variety of Homemade Soups
Pint - \$3.50 * Quart - \$6.99

~Pasta of the Day~

Different Selection Made Fresh Daily!
\$5.99 per pound

~Custom Salad Bar~

Choose One:

Mixed Field Greens * Romaine Hearts * Baby Spinach
\$5.99 per pound

Chef Salad

Reg. \$5.99 * Large \$8.99

ADD-INS

Beets	Bleu Cheese	Bacon Bits
Broccoli Crowns	Dried Cranberries	Chinese Noodles
Cherry Tomato	Hardboiled Egg	*Grilled Steak
Chick Peas	Mandarin Oranges	*Grilled Chicken
Diced Tomato	Roasted Peppers	* Grilled Salmon
Mushrooms	Sweet Peppers	*Grilled Shrimp
Peas	Parmigiana Cheese	*Tuna Salad
Peppers	Shredded Cheddar	*Chicken Salad
Mozzarella Balls	Walnuts	
Black Olives	Artichoke Hearts	*EXTRA CHARGE

DRESSINGS:

Ranch	French	Raspberry Vinaigrette
Parmesan Peppercorn	Russian	Honey Mustard
Balsamic Vinaigrette	Caesar	Asian Teriyaki
Italian	Bleu Cheese	Fat Free Orange Balsamic

Famous Sandwiches * Wraps * Panini

Sandwich History:

The Sandwich was named for John Montague (1718 - 1792) the fourth Earl of Sandwich and Great Britain's first Lord of Admiralty during the American Revolution. Montague's most lasting achievement came about in 1762. It seems "The Earl" was a notorious gambler and spent 24 hours straight at a gaming table. Instead of taking time out to eat a set meal, he had servants bring him sliced meat between two slices of bread, and thus the sandwich was born.

Apparently, John Montague was on a roll!

~SANDWICHES~

	Roll	Hero	Wrap	Panini
J & D Chicken Cutlet with Fesh Mozzarella, Prosciutto and Roasted Peppers	\$6.50	\$8.99	\$7.25	\$7.99
Galloni: Prosciutto, Fresh Mozzarella and Roasted Peppers	\$6.25	\$7.99	\$6.99	\$6.99
Italiano Genoa Salami, Ham, Capicola, Provolone, Lettuce, Tomato, Oil & Vinegar	\$5.99	\$7.99	\$6.99	\$6.99
Italian Stallion: Ham, Pepperoni, Genoa Salami, Sweet Capicola, Provolone, Lettuce, tomato, Oil & Vinegar	\$6.50	\$8.99	\$7.25	\$7.99
Calabrese Hot Sopressata, Pepperoni, Hot Capicola and Provolone with sliced Hot Cherry Peppers	\$5.99	\$7.99	\$6.99	\$6.99
Sicilian Prosciutto, Fresh Mozzarella with Broccoli Rabe & Balsamic Vinaigrette	\$6.25	\$8.99	\$7.25	\$7.99
Tuscany Fresh Turkey Breast, Swiis Cheese, Tomatoes, Honey Mustard, topped with Grated Parmesan Cheese	\$5.99	\$7.99	\$6.99	\$6.99
Godfather Ham, Salami and Provolone with Lettuce, Tomato and Roasted Peppers	\$6.25	\$8.99	\$7.25	\$7.99
Caesar Grilled Chicken, Romaine, Lettuce, Caesar Dressing with grated Parmesan Cheese	\$5.99	\$7.99	\$6.99	\$6.99
Mediterranean Grilled Chicken, Fresh Mozzarella, Sundried Tomatoes and Balsamic Vinaigrette	\$5.99	\$7.99	\$6.99	\$6.99
Caprese Fresh Mozzarella, Roasted Peppers, Tomatoes & Basil	\$4.99	\$6.99	\$5.99	\$5.99
Genovese Fried Eggplant, Fresh Mozzarella and Roasted Peppers	\$5.99	\$7.99	\$6.99	\$6.99
Frank & Eddie Boars Head Ham, Fresh Ricotta, Grated Parmesan, Olive Oil & Black Pepper	\$5.99	\$7.99	\$6.99	\$6.99
Bay Ridge Grilled Chicken, Fresh Mozzarella and Roasted Peppers	\$5.99	\$7.99	\$6.99	\$6.99
The Longobardi Pork Loin, Hot Sopressata, Smoked Mozzarella, Baby Spinach and Hot Peppers	\$6.50	\$8.99	\$7.25	\$7.99

~SANDWICHES~

Chicken Downtown Grilled Chicken, Fresh Mozzarella, Prosciutto & Broccoli Rabe	\$6.50	\$8.99	\$7.25	\$7.99
The Boadway Corned Beef, Hard Salami, Swiss, Cole Slaw and Spicy Mustard	\$6.25	\$8.99	\$7.25	\$7.99
The Promenade Pepper Turkey, Bacon, Swiss Cheese and Cole Slaw	\$6.25	\$8.99	\$7.25	\$7.99
Super Reuben Pastrami, Turkey, Swiss, Cole Slaw and Russian Dressing	\$6.25	\$8.99	\$7.25	\$7.99
Heavy Mortgage Bologna, nothing else	\$4.00	\$6.00	\$4.00	\$4.00
Hanz Liverwurst, sliced thick, covered with Raw Onion and Deli Mustard	\$4.99	\$6.99	\$5.99	\$5.99
Franz Liverwurst, sliced thick, covered with Raw Onion, Bacon and Cole Slaw	\$5.99	\$7.99	\$6.99	\$6.99
Dyler Beach Prosciutto, Pesto, Roasted Peppers & Smoked Mozzarella	\$6.50	\$8.99	\$7.25	\$7.99
Bambino Pork, Pesto, Roasted Peppers and Fresh Mozzarella	\$5.99	\$7.99	\$6.99	\$6.99
Italian Veggie Grilled Veggies with Provolone Pesto and Sundried Tomato	\$6.25	\$7.99	\$6.99	\$6.99
Chicken Reuben Sliced Chicken, Swiss, Bacon, Cole Slaw & Russian Dressing	\$6.25	\$8.99	\$7.25	\$7.99
Grilled Chicken Club Grilled Chicken, Ranch, Bacon and Tomato	\$5.99	\$7.99	\$6.99	\$6.99
Red Hook Grilled Chicken, Pepper Jack Cheese, BBQ Sauce and Lettuce	\$5.99	\$7.99	\$6.99	\$6.99
Marilyn Monroe Chicken Breast, Pepperoni, Provolone and Spicy Mustard	\$5.99	\$7.99	\$6.99	\$6.99
Roast Beef Downtown Top Round Roast Beef, Tomato, Onions & Peter Lugar Steak Sauce	\$6.25	\$8.99	\$6.99	\$7.99
The Duke Roast Beef, Cheddar Cheese, Onion and BBQ Sauce	\$5.99	\$7.99	\$6.99	\$6.99
The Boss Roast Beef Cheddar Cheese, Lettuce, Tomato & Hot Cherry Peppers	\$6.25	\$8.99	\$7.25	\$7.99
Americano Roast Beef, Turkey Breast, American Cheese, Cole Slaw & Mustard	\$6.25	\$8.99	\$7.25	\$7.99
Cubano Genoa Salami, Ham, Swiss, Pickles and Horseradish Mustard	\$5.99	\$7.99	\$6.99	\$6.99
Veggie Deluxe Grilled Veggies, Fresh Mozzarella & Balsamic Vinaigrette	\$5.99	\$7.99	\$6.99	\$6.99
Dynamic Duo Virginia Ham, Smoked Turkey, American Cheese, Lettuce and Honey Mustard	\$5.99	\$7.99	\$6.99	\$6.99
Chelsea Fresh Chicken Breast Salad with Lettuce and Tomato	\$5.99	\$7.99	\$6.99	\$6.99
Soho Fresh Albacore Tuna Salad with Lettuce and Tomato	\$5.99	\$7.99	\$6.99	\$6.99
Brooklyn Bridge Pepper Turkey, Pepper Ham, Muenster Cheese, Sundried Tomato and Russian Dressing	\$5.99	\$7.99	\$6.99	\$6.99

J & D's Italian Specialties | 355 Applegarth Road | (888) 815-0146
 {Italian Deli Menu—Sandwiches | Burgers | Fresh-Cut Meats | Fish | BBQ}

Wall Street Turkey Breast, Corned Beef Swiss Cheese with Russian Dressing	\$5.99	\$7.99	\$6.99	\$6.99
Bronx Zoo Pastrami, Corned Beef, swiss Cheese, Cole Slaw & Russian Dressing	\$6.25	\$8.99	\$7.25	\$7.99
Turkey Club Honey Turkey, Muenster Cheese, Bacon, Lettuce and Tomato	\$6.25	\$8.99	\$6.99	\$6.99
The Freddy Duke Smoked Turkey, Proolone, Onion, Lettuce, Tomato and Spicy Mustard	\$5.99	\$7.99	\$6.99	\$6.99
The Flatbush Pastrami & Pepper Jack Cheese with Cole Slaw and Russian Dressing	\$6.25	\$8.99	\$7.25	\$7.99
Richard Simmons Chicken Breast, Alpine Lace Swiss Cheese, Baby Spinach with Lowfat Rasberry Vinaigrette	\$5.99	\$7.99	\$6.99	\$6.99

Hot Heroes & Paninis

What is a Panini Sandwich? A Panini Sandwich is a grilled Italian style sandwich served on sliced crusty bread featuring a delicious combo of fresh vegetables and premium delicatessen meats and cheeses. You can customized you own!

	PANINI	HERO
Meatball Parmigiana	\$6.99	\$7.99
Chicken Parmigiana	\$6.99	\$7.99
Veal Parmigiana	\$7.50	\$8.99
Eggplant Parmigiana	\$5.99	\$6.99
Sausage with Peppers and Onions	\$6.99	\$7.99

We Have Fresh Fish!

Flounder * Jumbo * Soft Shell Crab | Choice of: Deep Fried * Parmigiana * Sauteed * Broiled *
 Grilled on Panini, Hero or Platter - Market Price

~Old Style Sandwiches~

Roasted Top Round <i>with Brown Gravy on Toasted Hero</i>	\$7.99
Open Face Turkey Breast <i>on Toasted Bread with Gravy</i>	\$6.99
Seasoned Roast Loin of Pork with Mushroom Gravy on Toasted Hero	\$7.99
Fresh Corned Beef Brisket <i>on Rye with Spicy Mustard and Cole Slaw</i>	\$6.99
Italian Style Pulled Garlic Pork Hero	\$7.99

~ BBQ Grill ~

Always Fresh, NEVER FROZEN! Choice Black Angus beef for our burgers and cheese steaks. Also free-range chicken and organic turkey for our specialty burgers and sandwiches. Enjoy the Difference!

~Burgers~

Cooked to Order | Half-Pound 100% Fresh Ground Angus Beef
All served with Lettuce, Tomato, Pickle and Fries

J & D Deluxe <i>Choice of Cheese, Salt Pepper</i>	\$6.99
Born in Brooklyn <i>with Mozzarella, Sundried tomato, Onion, Basil and Garlic</i>	\$7.99
California Bleu Cheese <i>with Bacon, Red Onion and Bleu Cheese</i>	\$7.99
Big Fat Greco <i>with Grilled Eggplant, Feta Cheese and Cucumber</i>	\$7.99
Double Cheddar <i>with Vidalia Onion, Sauteed Mushrooms and Extra Cheddar</i>	\$7.99
Bay Burger <i>with Pepper Jack Cheese, Horseradish, Mayonnaise and Garlic</i>	\$7.99

~Free-Range & Organic Burgers~

1/2lb. Fresh Ground Breast Meat Only | All served with Lettuce, Tomato, Pickle and Fries

Roasted Pepper and Mozzarella Chicken Burger	\$7.99
Casablanca Turkey Burger <i>with Red onion, Sweet Peppers, Feta Cheese and Cucumber</i>	\$7.99
Tuscano Turkey Burger <i>with Swiss Cheese, Honey Mustard and Grated Reggiano Cheese</i>	\$7.99
Grilled Portabello Burger <i>with Grilled Veggies, Feta Cheese and Roasted Peppers</i>	\$7.99
Onion Rings	\$3.50
Mozzarella Sticks <i>with Marinara</i>	\$4.99
Chicken Tenders <i>with Honey Mustard</i>	\$5.99
Buffalo Wings <i>with Bleu Cheese and Celery</i>	\$6.99
Chili Fries <i>with Cheddar Cheese</i>	\$4.50
Baby Back Ribs <i>1/2 Rack with Cole Slaw</i>	\$10.00
French Fries	\$2.50
Cheese Fries	\$3.50
Waffle Fries	\$3.50
Disco Fries <i>with Cheese and Gravy</i>	\$3.99
Fiery Fries <i>with Garlic and Buffalo Seasoning</i>	\$3.50
Sinatra Fries <i>with Garlic and Reggiano</i>	\$3.50